

***SOFTBALL FOR
BEGINNERS
INTRO LEAGUE 2021***



WHAT WE ARE OFFERING



- The Softball for Beginners will consist of:
 - 4 Weeks of Training covering fielding, batting, throwing and tactics
 - A 3 Week Intro League to put these skills to the test.
- The Intro League* will consist of:
 - 3 Teams which play each other twice in a Round Robin over 3 Weeks.
 - 2 Timed Games Per Weekend Back-to-Back.
- There will be a one week break in the Intro League, to give members the opportunity to partake in Softball Ulster End of Season Blitz. The Hawks will also partake in Indoor Softball at the end of September. *More Info Later.*
- There will be no fee for your first two training/taster sessions, however there will be a £30 fee to cover insurance, pitch hire and other costs. *More Info Later*

* SUBJECT TO NUMBERS – THIS MAY CHANGE DEPENDING ON CIRCUMSTANCES.

THE BALLPARK

Wallace Park

The Lisburn Hawks will be based at the Belfast Road end of Wallace Park.

As Lisburn residents will know, this is a very popular park with limited car parking. *If you're parking on surrounding streets, please park responsibly.*

The graphic to the right, demonstrates the area we will be playing in and how 'fielders' will take to the field.

- ★ DEFENSIVE PLAYER
- OFFENSIVE PLAYER
- ▲ UMPIRE



THE SOFTBALL DIAMOND

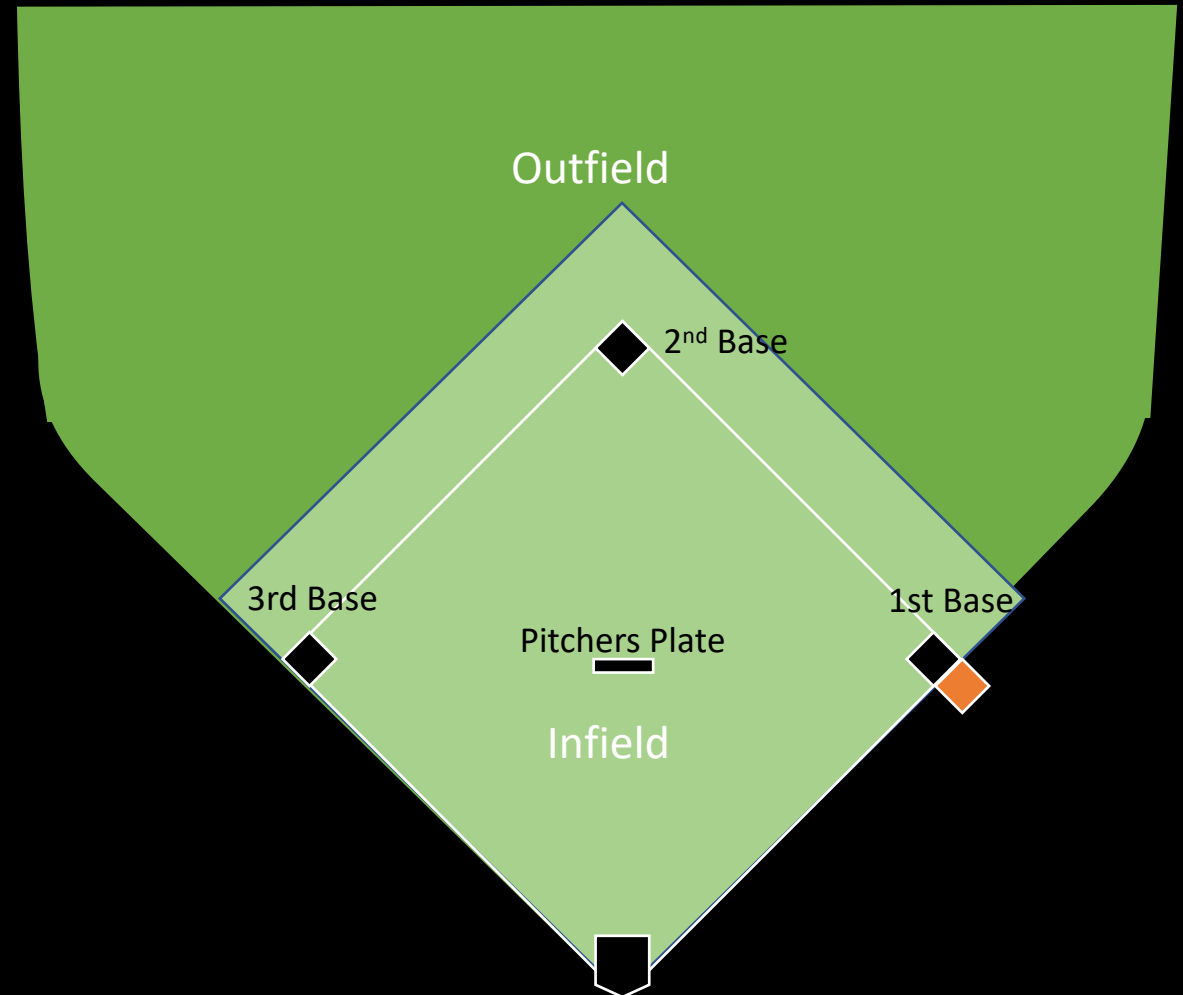


Training and games will be played at Wallace Park in Lisburn.

Softball, like baseball is played on a diamond. As shown on the right, the Diamond is laid out as follows:

- Bases are 65ft apart.
- Pitchers plate is 50ft from Homeplate.
- A 25 ft foul territory wraps around the left and right side of the field.
- The Outfield reaches in an arc for 275+ft.

Softball does not require a marked field, and bases can be thrown down on top of any suitable surface.



WHAT TO EXPECT



You don't have to be great to start, but you have to start to be great.

We all have to start somewhere, and the Hawks are no different.

DO NOT EXPECT:

- to be a Major Leaguer in your first sessions.

DO EXPECT:

- To be challenged - Softball has a steep learning curve.
- To get sweaty – 65ft is surprisingly far when you're trying to outrun a throw to first base, and you'll be moving in ways you didn't know possible to make catches.
- To play whatever the weather – Softball is a summer, but all weather sport.
- TO HAVE FUN AND WORK AS A TEAM! We're training to win – but we're building a community. Softball is a social sport, and we're one team.



TIMETABLE



The Softball for Beginners program will last approx. 9 weeks and will cover:

- 4 weeks of dedicated intro training
- 3 week intro league
- The SU End of Season Blitz
- Indoor Softball

This is an intensive introduction to the game and will provide you with a great foundation for the Hawks entry into the 2022 Softball Ulster league.

The Timetable is subject to change.

	DAY	DATE	START	ACTIVITY
WEEK 1	WED	28/07/2021	1830	Training – Softball Basics
	SUN	01/08/2021	1400	Training – Softball Basics
WEEK 2	WED	04/08/2021	1830	Training – Defensive
	SUN	08/08/2021	1130	Training – Defensive
WEEK 3	WED	11/08/2021	1830	Training - Offense
	SUN	15/08/2021	1130	Training – Offense
WEEK 4	WED	18/08/2021	1830	Training - TBC
	SUN	22/08/2021	1130	Training - TBC
WEEK 5	WED	25/08/2021	1830	Intro Training + Rookie League Draft
	SUN	29/08/2021	1130	Game Day 1
WEEK 6	WED	01/09/2021	1830	Intro Training
	SUN	05/09/2021	1130	Game Day 2
WEEK 7	WED	08/09/2021	1830	Intro Training
	SUN	12/09/2021	1000	End of Season Blitz
WEEK 8	WED	15/09/2021	1830	Intro Training
	SAT	18/09/2021	0900	Indoor Softball Day 1
	SUN	19/09/2021	1130	Game Day 3
WEEK 9	WED	22/09/2021	1830	Training (TBC)
	SAT	25/09/2021	0900	Indoor Softball Day 2

END OF SEASON BLITZ & INDOOR SOFTBALL



End of Season Blitz

- The End of Season Blitz will be held on Sunday Sept 12th 2021 at Queen Elizabeth Playing Fields in Lisburn.
- It is held annually every year to mark the end of the official Ulster League, and all 6 clubs enter teams in order to win the final silverware of the year.
- The day consists of 45 minute timed games, between 10am and 5pm in a round robin format.
- Each team will play 4 games, before the finals.

Winter Indoor Softball

- For the first time, Softball Ulster is hosting an Indoor Softball tournament in September.
- Due to covid restrictions the 2-half day tournament will be played outdoors at Colin Glen
- Games will be 30 mins and run between 9am and 12pm.
- Slightly different rules will apply, but the fundamentals are the same!

MEMBERSHIP COSTS



- Your first two taster sessions are free.
- Following that there will be a £30 membership fee that will cover:

SU/SI Insurance & Membership
Training Costs for 2021
Intro League
EOS Admission
SU Indoor Softball Admission

As outlined in the Club Constitution Section 3, you will become a Full Member of the Lisburn Hawks Softball Club until the start of the next Softball Ulster Season in 2022.



INSURANCE



In the event that a member of the public should be injured during gameplay or training, your membership fee ensures you're covered by the Softball Ireland Public Liability insurance. Detail of the indemnity's are outlined bellowed.

Public & Products Liability Policy Schedule

	Limit of Indemnity any one Occurrence	Limit of Indemnity any one Period of Insurance	Excess Each and Every Occurrence
Public Liability	€6,500,000	Unlimited	€500
Sudden pollution and contamination	€6,500,000	€6,500,000	€500
Products Liability			